LEARN ABOUT PASTEURIZED DONOR MILK FOR INFANTS AT HOME

The Milk Bank dispenses lifesaving Pasteurized Donor Human Milk (PDHM) to NICUs, to help more babies celebrate a 1st birthday. The Milk Bank can also provide PDHM to infants at home. We served 1,000+ outpatients last year.

Why would my patient need PDHM?

Infants need access to safe donor milk at home for many reasons. Common diagnoses are prematurity and failure to thrive. Common situations include temporary supplementation, fostering, or, adoption.

**Long-term.** Ideal for ongoing medical needs, in cases of adoption or maternal loss. Case monitored for changing needs.

**Bridge a gap.** Family completes intake form, pays processing fee or requests assistance. Orders picked up locally or shipped. Ideal for brief disruptions in breastfeeding, at discharge, or when finding a new formula.

How do families access PDHM?

- Family completes intake form. Call 317-536-1670 or online at www.themilkbank.org/request-milk-families
- There is a processing fee for PDHM. Our Medical Relief Fund can help cover this fee for families with medical & financial needs.
- Milk can be picked up at 12+ convenient locations or be shipped directly.
Who are The Milk Bank’s donors?

Our generous donors are healthy, pumping parents with extra milk. Donors complete medical and lifestyle screening and have a blood test for HIV 1 & 2, HTLV 1 & 2, Hepatitis B & C, and Syphilis. Their physician signs off on the application, before it is reviewed and approved by our Clinical team.

These strict guidelines were set forth by the Human Milk Banking Association of North America and developed in consultation with the FDA, CDC, and the blood and tissue banking industries.

Is PDHM from The Milk Bank tested?

Yes, donor milk is screened, nutritionally analyzed, and pasteurized using the Holder Method.

After pasteurization, a random sample is sent to a third-party laboratory for microbiology testing. All cultures are performed at a CLIA CAP accredited lab.

How can I learn more?

Questions? Please contact The Milk Bank’s Clinical Director, Sarah Long at slong@themilkbank.org or 317-536-1670.

You can also review The Milk Bank’s Resources for Health Care Professionals on our website.

www.themilkbank.org/healthcare-professional-resources/